

AKHBAR : BERITA HARIAN
MUKA SURAT : 18
RUANGAN : BAYI TAHUN BAHARU



Ketua Jururawat Wad 2A, Haniyah Hasan (tiga dari kiri) bersama jururawat bergambar bersama empat daripada 10 bayi tahun baharu yang dilahirkan di Hospital Sultanah Bahiyah, semalam.



Kakitangan Hospital Tuanku Jaafar bergambar bersama Umi Saniah Hanim Mohibbuddin dan bayi lelakinya, semalam.

(FOTO ABDULLAH YUSOF/BH)



Bayi perempuan kepada pasangan Abdelazim Abbas Ahmad Awad Elseed dan Reem Mahamed Abdul Motalab Ahmed di Hospital Pantai Ipoh.

(FOTO EIZAIRI SHAMSUDIN/BH)

Tarikh istimewa sambut 'orang baharu'

➔ Kelahiran cahaya mata mudah diingati, diraikan

Oleh Ifwan Tun Tuah, Nur Fatin Mohd Satar, Nurul Nadira Shaari dan Muhammad Zulsyamini Sufian Suri
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■ Kuala Lumpur

Ibu bapa yang menerima kelahiran bayi semalam pasti gembira kerana tarikh lahir bayi pada 1 Januari 2017 mudah diingati dan diraikan.

Di Seremban: Dua ibu gembira bayi mereka yang dilahirkan di

Hospital Tuanku Jaafar Seremban (HTJS) di sini, secara kebetulan mempunyai tarikh lahir yang rapat dengan ahli keluarga lain.

Irdawani Ibrahim, 33, yang melahirkan anak lelaki seberat 2.94 kilogram (kg) pada jam 2.54 pagi, berkata tarikh lahir anak sulungnya pada 31 Disember, manakala suaminya pula, 2 Januari, membolehkan mereka membuat sambutan ulang tahun serentak, kelak.

Mira Hazreen Mohamedon, 30, pula berkata bayi perempuan seberat 3.02kg dilahirkan pada 2.46 pagi, mempunyai tarikh lahir rapat



Dari kiri, Nor Lizamila Abdul Rashid, Kuan See Yan, Zunairah Mohd Nawawi dan Zarina Syamsul bersama bayi di Hospital Kuala Lumpur.



Tarikh lahirnya pada awal pagi tahun baharu memang sesuatu yang istimewa

Mira Hazreen Mohamedon

dengan anak pertamanya yang ini berusia empat tahun, iaitu pada 3 Januari.

Tarikh istimewa

"Kami memang tidak memikirkan mengenai tahun baharu kerana hanya mementingkan keselamatan bayi dan saya sahaja, namun menyedari tarikh lahirnya pada awal pagi tahun baharu memang sesuatu yang istimewa," katanya.

Di Alor Setar: Sekurang-kurangnya 23 bayi dilahirkan dalam tempoh tujuh jam pertama 2017 di tujuh hospital utama di Kedah.

Ia membabitkan 13 bayi lelaki dan 10 bayi perempuan, dengan kelahiran bayi tahun baharu paling awal direkodkan pada jam 12.01 tengah malam.

Sementara itu, suri rumah, Kuan See Yan, 32, yang melahirkan lelaki di Hospital Kuala Lumpur pada jam 12.28 tengah malam menganggap ia sebagai hadiah bagi Tahun Baharu Cina akan datang.

"Ini adalah pengalaman manis bagi saya kami melahirkan bayi ketiga walaupun terpaksa menanggung sedikit kesakitan sewaktu bersalin," katanya.

AKHBAR : KOSMO
MUKA SURAT : 19
RUANGAN : NEGARA

Teruja dapat anak 1 Januari

KUALA LUMPUR – Rata-rata ibu bapa melahirkan rasa gembira dan bersyukur atas kelahiran anak masing-masing pada tanggal 1 Januari tahun ini.

Seorang ibu, Kuan See Yan, 32, berkata, dia gembira apabila selamat melahirkan anak ketiganya seberat empat kilogram pada pukul 12.28 malam semalam di Hospital Kuala Lumpur (HKL) di sini.

“Anak lelaki ini saya namakan Lim Bow Men yang bermaksud kebahagiaan dalam bahasa Cina. Saya sepatutnya bersalin pada 23 Disember lalu, namun tidak sangka melahirkan bayi pada malam tahun baru,” jelasnya ketika ditemui di HKL semalam.

Seorang lagi ibu, Zarina Shamsul, 33, pula berkata, dia tidak pernah menjangkakan kelahiran anak keempatnya ini jatuh pada 1 Januari kerana sama dengan tarikh lahir ayahnya.

“Jangkaan saya bersalin adalah pada 3 Januari, namun anak saya mahu juga keluar pada tarikh keramat ini,” katanya.

Sementara itu, Pakar Obstetrik dan Ginekologi HKL, Dr. Nor Liza Hassan berkata, seramai 13 bayi tahun baru dilahirkan di HKL semalam.

Sementara itu di **Alor Setar**, sebanyak 23 bayi dilahirkan sempena tahun baru iaitu 13 lelaki dan 10 perempuan.

Pengarah Kesihatan neg-



MAGGIE mencium bayi lelakinya yang dilahirkan pada tanggal 1 Januari di Hospital Pulau Pinang semalam.

eri, Datuk Dr. Norhizan Ismail berkata, bayi lelaki pertama seberat 2.59 kilogram dilahirkan di Hospital Sultan Abdul Halim pada pukul 12.01 tengah malam.

Seorang ibu, Norhidayah Abd. Halim, 24, berkata, dia tidak menyangka melahirkan anak sulungnya pada hari pertama tahun baharu 2017 kerana anak lelakinya itu dijangka dilahirkan pada 6 Januari ini.

Di George Town, sepasang suami isteri, H'ng Zhau Lun, 25, dan Quah Maggie, 23, teruja apabila anak keduanya dilahirkan pada tanggal 1 Januari.

Menurut Maggie, bayi lelaki

seberat 3.9 kilogram itu dilahirkan pada pukul 6.30 pagi di Hospital Pulau Pinang.

“Saya dan suami terlalu gembira bayi kami selamat dilahirkan secara normal,” katanya.

Di Melaka, Aizul Musa dan isterinya, Nor Diana Geruka Abdullah masing-masing berusia 32 tahun teruja dengan kelahiran anak perempuan pada tahun baru.

“Bagi saya bayi ini sangat bertuah kerana tarikh kelahirannya istimewa iaitu pada setiap tahun baru. Bayi saya ini sebenarnya dijangka dilahirkan pada Hari Krismas lalu,” kata Aizul.

AKHBAR : KOSMO
MUKA SURAT : 19
RUANGAN : NEGARA



KETUA Jururawat Hospital Sultanah Bahiyah, Alor Setar, Haniyah Hassan (tengah) dan jururawat bergambar bersama empat bayi tahun baru yang dilahirkan di hospital itu semalam.



SEE YAN (berdiri, kiri) bersama Zarina (duduk, kanan), Noor Lizamila Abdul Rashid (duduk, kiri) dan Zunairah Mohd. Nawawi mendukung bayi masing-masing di HKL semalam.

AKHBAR : MALAY MAIL

MUKA SURAT : 6

RUANGAN : TOP NEWS

New Year bundles of joy

KUALA LUMPUR — Yesterday was a day of double joy for many.

It was not only New Year's Day but also the day they became proud parents of New Year babies.

A total of 13 New Year babies were born at Kuala Lumpur Hospital.

Zarina Shamsul, 33, who delivered a girl at 6.30am, was surprised with the birthday of the baby as it coincided with her father's birthday.

"Now I'm looking forward to celebrate the double birthday and I sure my daughter will be my dad's favourite grandchild," she said.

Zarina said her first child, a boy, was expecting a baby brother.

"He already has three sisters, that's why he was hoping for a brother," she said.

Mother-of-two, Kuan See Yan, said she named her newborn Lin Bowmen, which means "happy and strong" in Mandarin.

"There were no complications except that I felt a slight stomach pain and was rushed here by my husband," she said, adding that their son was overdue by eight days and weighed 4kg.

Zunairah Nawawi and Hanzlah Othman also expressed surprise over their baby boy, Ahmad, who weighed 2.9kg.

"The baby was due on Jan 14. So I was not prepared but I'm thankful my baby is healthy.

"I am grateful the birth did not require surgery as our first child was born under the C-section," she said.

Other couples were also overjoyed with their bundles of love and expressed their thanks to both doctors and nurses whom they said were professional in their approach to patients.

Obstetric and Gynaecology specialist Dr Nor Zila Hassan said there were 13 babies born until noon yesterday.

In Ipoh, civil servant Datin Norhamar Ayub had a pleasant surprise in welcoming her first grandchild on New Year's Day.

Norhamar said her daughter-in-law Satdiya Tun Adib Rahim was due on Dec 30.

"So when the due date came and went, she got a little agitated," she said at Pantai Hospital Ipoh where Satdiya delivered.

Norhamar thanked God her grandchild



Four of the New Year babies born at Kuala Lumpur Hospital. — Picture by Azinuddin Ghazali

arrived safely on New Year's Day.

"My daughter-in-law was admitted in hospital on Sunday and my grandson arrived at 1.04pm," she said.

Another joyous father was Yip Mun Kit, whose wife Hoi Pui Wen delivered their third child at 12.07pm.

"We induced the birth as she was getting uncomfortable carrying the baby," said the 28-year-old businessman.

Yip said he and Hoi, also 28, celebrated the New Year countdown at a friend's home before getting admitted into hospital.

The Pantai Hospital in Kuala Lumpur welcomed four New Year babies.

At Raja Permaisuri Bainun Hospital in Ipoh, Manjung Hospital nurse Amalia Abu Bakar gave birth to the first New Year

baby in Perak.

Amalia, 25, remembers hearing fireworks from the delivery suite.

"Moments after the fireworks stopped, my son was born at 12.07am."

She said her son was due on Jan 8.

At Raja Permaisuri Bainun Hospital, eight babies were born as of 1pm yesterday.

In George Town, what was initial frustration turned to joy for a 23-year-old mother looking forward to watch fireworks display.

She was unable to make it but all that was soon forgotten when Quah Maggie told her husband H'ng Zhao Lun, 25, of their newborn son.

"It was just past midnight when I felt pain and the inclination that I might deliver soon.

She was then rushed to Penang Hospital by her husband from Prai at about 2am as she could not bare the pain.

Good news from the labour room came at 6.22am that she gave birth to a New Year baby, her second child.

"It was unexpected, I never thought I would deliver on New Year's Day.

"I was due on Dec 29 but it was postponed as the doctor said that there is still time for my delivery," she said at the Obstetric Ward at Penang Hospital.

The baby weighed 3.9kg.

Quah said he will be named Norman H'ng.

A Penang Hospital spokesperson said there were five New Year babies — three girls and two boys — including Norman until press time.

AKHBAR : NEW STRAITS TIMES

MUKA SURAT : 4

RUANGAN : NEWS

OZONE THERAPY

CENTRES MAKING OUTLANDISH CLAIMS

Beauty parlours are illicitly promoting this dangerous technique to 'cleanse the blood'

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THERE is not one ozone machine run by the mushrooming number of beauty parlours operating out there that is registered.

Under the Medical Device Act 2012, the operators of these machines, who are claiming that they are the answer to many health complications, are required to register them with the Health Ministry.

But they are closing one eye to this requirement and taking advantage of the increasing demand for "alternative treatments", to offer the use of these machines.

Ozone machines at beauty parlours are bound by regulations similar to those governing the use of haemodialysis equipment.

As the operators compete aggressively with one another, almost all of them will make unsubstantiated promises to draw more people to take up the services they offer.

One popular line is that the therapy can address hundreds of health issues afflicting "patients", including chronic illnesses.

These operators, in total disregard for the law, are also contravening the Medicines (Advertisement and Sale) 1956 (Revised 1983) Act, which clearly prohibits them from making claims about 20 chronic illnesses, including kidney and heart ailments, diabetes, asthma, drug addiction, erectile dysfunction and cancer.

In fact, under the law, no one operating ozone machines can claim that they bring health benefits.

Doing so is akin to making false claims and the offence is punishable

by a maximum fine of RM200,000, or three years' jail, or both.

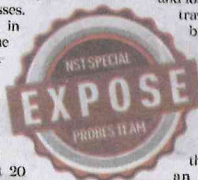
Health Deputy Minister Datuk Seri Dr Hilmi Yahaya cautioned the public against going for ozone therapy.

"Ozone therapy is very dangerous because it uses O3 gas (additional oxygen atom), and if it goes into the blood stream and form bubbles, it will travel to the person's brain or heart.

"This can be deadly," he told the *New Sunday Times* Special Probes Team.

The team also sat with the Malaysian Medical Device Authority (MDA), which is an agency under the Health Ministry, as well as its enforcement unit, to dissect the issue.

Its chief executive officer, Zamane Abdul Rahman, said the law required those employing or operating medical machines with the slightest suggestion of health benefits to register with the MDA.



Beauty parlours are breaking the law by illegally offering ozone therapy that promises to cure chronic illnesses. Malaysian Medical Device Authority chief executive officer Zamane Abdul Rahman (inset) says his agency is getting all medical device operators to register with his agency by the middle of this year.

Those who import these machines also have to apply for a licence.

"By mid 2017, we will make sure they are all registered with us."

The MDA strives to ensure that medical devices in the country are of high quality, effective and safe in order to protect public health and safety.

Registering its use means that applicants have to provide medical and

clinical proof of how exactly their devices function, how they benefit the users and guarantee their safety.

"For instance, if a beauty parlour claims that its ozone machine can "help" a heart patient, they must prove it," he said.

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For video report, go to the NST Facebook page or www.nst.com.my

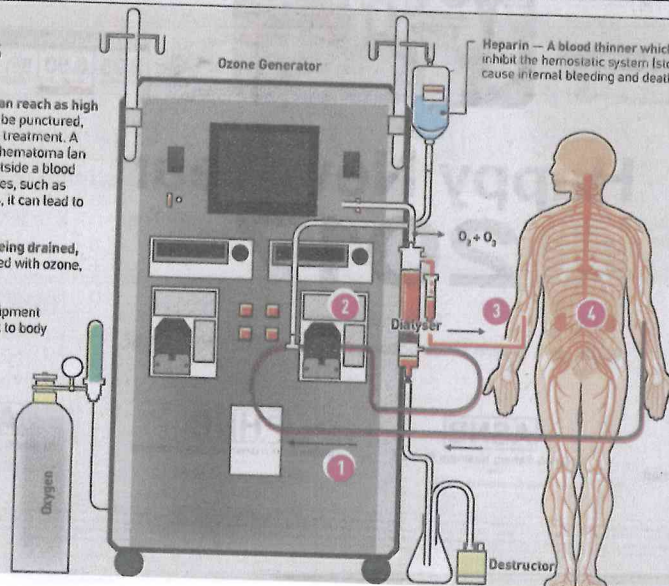
OZONE THERAPY: THE MYTHS, RISKS AND FACTS

1. Blood pressure in arteries can reach as high as 140mmHg. The arteries can be punctured, or worse, severed during ozone treatment. A cut to a small artery can cause hematoma (an abnormal collection of blood outside a blood vessel). If it involves large arteries, such as the femoral and carotid arteries, it can lead to uncontrolled bleeding.

2. When one's blood, which is being drained, enters the oxygenator to be mixed with ozone, he will experience:

- A drop in blood pressure.
- Hypothermia when the equipment fails to bring the blood back to body temperature.
- Air embolism. This can cause death.
- The risk of infection, either from the machine operator or from the equipment.

3. Users are also exposed to allergies and this can be seen in the first few hours of treatment.



Heparin — A blood thinner which can only be prescribed by a trained doctor. It can inhibit the hemostatic system (stopping blood flow). In worst-case scenarios, it can cause internal bleeding and death.

Myth: Eliminates cholesterol, supposedly in the form of white lumps, visible as the blood is drained. They will be absorbed from "newly ozonised" blood.
Truth: The white lumps are fibrin, a non-globular protein that clots blood. Fibrin will disappear in the presence of heparin.

Myth: Blood that goes back into the body after the treatment is lighter as it is "toxin-free".
Truth: Blood from the veins is naturally darker than blood from the artery because of the lower oxygen level. The additional gas induced during ozone therapy lightens the colour.

Myth: Filtered and ozonised blood helps break "inactive blood cells".
Truth: This process can cause the blood cells to break and release potassium ions, which can affect the heartbeat. This can also lead to the heart stopping abruptly and cause death. Other effects include megaloblastic anaemia (lowered red blood cells), jaundice and kidney failure. Other risks include air embolism in the lungs and brain, which can lead to a stroke and heart attack.

AKHBAR : NEW STRAITS TIMES
MUKA SURAT : 4
RUANGAN : NEWS

PROTECTING CONSUMERS

GREED WILL BE THEIR DOWNFALL

The authorities are clamping down on unscrupulous beauty parlour operators

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THE authorities are working round the clock to prevent harmful substances from flooding the local beauty industry, but they are facing an uphill battle in their bid to protect consumers.

Scores of beauty parlours, hiding behind their operating licences, are offering health products and services that are not only illegal, but also put the public's lives at risk. The fact that many of them do so brazenly can, however, be their own undoing.

Greed is the weak link that authorities can exploit to rein in unscrupulous business operators, who claim that their "therapies" can pre-

vent and cure many illnesses, including those that modern medicine have yet to be able to do so.

The Medicines (Advertisement and Sale) Act 1956 says 20 chronic illnesses are off limits to advertisers.

In fact, under the law, those outside the healthcare industry have no business offering medical treatments.

The *New Straits Times*' Special Probes Team brought to the authorities' attention the growing number of beauty parlours offering illicit services, including invasive ones.

In the expose published in the *New Sunday Times* yesterday, our team also spoke to celebrities whose images that seemingly portrayed them as "endorsing" such therapy had been used by unscrupulous beauty parlours to lure the public.

While the celebrities had expressed regret over their actions and advised the public to stay away from such "therapies", the artiste associations had advised them to conduct due diligence prior to having their images being used for product and services.

A Health Ministry Pharmaceutical Services Division officer briefing the owner of a beauty parlour (left), who protested against the seizure of his products during a raid recently.

Offering injectable beauty products sourced from, among others, Thailand, China and the local "back yard" cosmetics manufacturers, these operators thumb their noses at the authorities by brazenly marketing themselves on social media, and showing clips of celebrities supposedly endorsing their products.

A raid was immediately mounted. This marked the first phase of the ongoing offensive against errant beauty parlours, even as enforcers from the Health Ministry's Pharmaceutical Services Division (PSD) began mapping out a comprehensive plan to nab to every single one of them.

It is understood that the ministry's Malaysian Medical Device Authority (MDA) and the Medical Practices Division (MPD) will also be joining the operation as they, too, want to go after beauty parlours using unregistered medical devices and doctors who are complicit.

In a raid on a parlour in Kota Damansara that used images of celebrities in their promotional cam-

paign, the authorities found that the appointments were always full.

The order book showed that 70 clients had signed up for its beauty injection packages, each in November and last month. Many also signed up for its ozone therapy packages. Some of the packages cost up to RM6,000.

The enforcement team also seized boxes believed to contain unregistered medicine in the parlour, including injectable concoctions, which the centre claimed were manufactured in Kedah.

At a parlour in Petaling Jaya, where bookings for the day was full, the nurse hired to carry out beauty injections and stick tubes from the ozone therapy machines into customers' arms was scooping garbage into a dustpan when the raiding team showed up.

A officer asked her if she knew the composition of the chemicals that she had been injecting into the clients. Her response was: "I just do as I am told."

Initially reluctant to respond to the officer, she gave in when told that they could report her to the Malaysian Nursing Board.

Another parlour that the enforcement team raided just a few kilo-

metres away claimed that they would separate their customers according to their health status.

"Patients" with chronic illnesses would be directed to a clinic in Puchong, owned by a medical doctor, who also provided such therapy.

Healthy customers will undergo therapy at the beauty parlour.

During the raid on the parlour, there was a customer undergoing therapy, but no doctor was present to even supervise the procedure.

As part of their commitment to clean up the beauty industry of hazardous procedures and tainted cosmetics, the authorities are tweaking laws to give enforcers more bite.

A PSD spokesman said the plan was to amend the Sales of Drug Act 1952.

That could see offenders being slapped with harsher penalties for putting public health at risk.

"The amendment will see the penalty amount being increased from the current maximum of RM25,000 to RM100,000.

"The law will also provide a minimum penalty of no less than RM5,000. This is to ensure that the act serves its intended purpose of being a deterrent," the spokesman told the team.



RUANGAN : NEWS

OZONE TREATMENT ONLY				
Normal Price Single Treatment RM 400.00				
Package	4oz	Promotion	RM 4.000	Normal Price RM 1,600
Package	8oz	Promotion	RM 8.000	Normal Price RM 3,200
Package	16oz	Promotion	RM 16.000	Normal Price RM 6,400

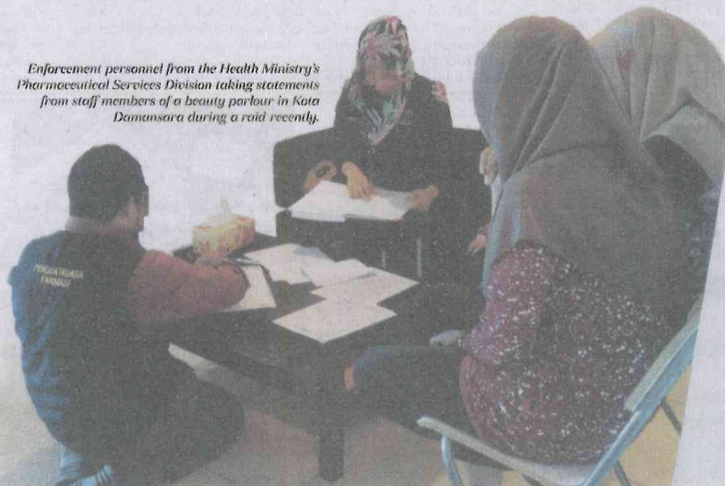
OZONE TREATMENT WITH GLUTATHIONE + L-CARNITINE				
Normal Price Single Treatment RM 640.00				
Package	4oz	Promotion	RM 4.000	Normal Price RM 1,600
Package	8oz	Promotion	RM 8.000	Normal Price RM 3,200
Package	16oz	Promotion	RM 16.000	Normal Price RM 6,400

The price list for illegal beauty injections and ozone therapy at a beauty parlour.



Illegal beauty products seized at a parlour in Petaling Jaya being packed by an officer. (Inset) A box of 'unnotified' products that have not been registered with the Health Ministry.

Enforcement personnel from the Health Ministry's Pharmaceutical Services Division taking statements from staff members of a beauty parlour in Kota Damansara during a raid recently.



AKHBAR : THE STAR

MUKA SURAT : 25

RUANGAN : VIEWS

Grateful to Ampang Hospital staff

ON the early morning of Dec 20, I was suddenly taken ill and if not for the paramedics at Ampang Hospital in Pandan Mewah, I might not have lived to see Christmas.

Their quick attention got me into the emergency ward promptly and my problem was soon diagnosed.

To the team at the emergency ward, you are all professionals – the CCU (coronary care unit) specialist and her colleagues who kept checking on me after admission to the early hours of the next day through to the morning after.

My sincere thanks to the three nurses who cared for me while I was in the CCU, Dr Khoo who made sure I was comfortable in ward 6B, and Dr Ravi, Dr Izmiz and the specialists as well as the two young medical officers who attended to me.

I am also thankful to Mr Felix of the orthopaedic centre and Encik Hafifi whose care and concern has been most valuable.

You are the gems of Ampang Hospital, and a wonderful asset to your profession.

BRUCE ANTHONY ANGUS
Kuala Lumpur