

AKHBAR : BERITA HARIAN

MUKA SURAT : 15

RUANGAN : KESIHATAN

1.3 juta rakyat kita terdedah risiko buta

(FOTO KHAIROL NAJIB ASARULAH KHAN/BH)



Dr Azman (dua dari kiri) melihat pemeriksaan mata ketika Sambutan Hari Penglihatan Sedunia Peringkat Kebangsaan 2017 di Paroi, Seremban, semalam.

➔ Kajian 2014 dapati 413,000 penduduk terdedah penyakit katarak

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► Seremban

Dalam tempoh lima hingga 10 tahun akan datang, 1.3 juta rakyat Malaysia berusia 50 tahun ke atas, dijangka terdedah kepada penyakit katarak, yang dikesan antara penyebab utama masalah buta di negara ini.

Pengarah Bahagian Perkembangan Perubatan Kementerian Kesihatan, Datuk Dr Azman Abu Ba-

kar, berkata faktor lain yang turut menyumbang masalah buta termasuk diabetik retinopatik dan glaukoma.

Akses rawatan

Katanya, Kajian Mata Nasional 2 pada 2014 mendapati, 413,000 penduduk ada masalah penglihatan dan penyakit katarak menyumbang 58 peratus masalah buta.

"Bagaimanapun, 80 peratus rakyat yang mengalami masalah penglihatan di negara ini, masih boleh diubati dan dapat kembali

melihat dengan jelas, jika mematuhi proses pemulihan.

"Kementerian turut menyediakan beberapa inisiatif dan akses rawatan serta penjagaan mata, terutama kepada penduduk di luar bandar termasuk Klinik Katarak 1Malaysia, untuk memastikan rakyat mendapat rawatan sempurna dan berkesan," katanya pada Majlis Sambutan Hari Penglihatan Sedunia Peringkat Kebangsaan 2017 di Dewan Kompleks Belia dan Sukan, Paroi, di sini, semalam.

Melalui program saringan pula,

Dr Azman berkata, sehingga Jun lalu seramai 22,401 penduduk sudah mendapatkan perkhidmatan itu, dengan 16,348 daripadanya menjalani pembedahan katarak.

Seramai 9,523 penduduk kurang mampu pula, katanya, diberikan bantuan kanta intrakular secara percuma menerusi program Bank Kanta Intraokular Kebangsaan.

Beliau berkata, ujian saringan mengesan diabetik retina dan katarak peringkat awal dapat meningkatkan peluang hilang penglihatan dan buta dapat dirawat.

AKHBAR : HARIAN METRO

MUKA SURAT : 5

RUANGAN : SETEMPAT



DR Azman (dua dari kiri) melihat pemeriksaan mata pada sambutan Hari Penglihatan Sedunia Peringkat Kebangsaan 2017 di Kompleks Belia dan Sukan, Paroi, semalam.

Seremban

113,000 berisiko menjadi buta

Kementerian Kesihatan Malaysia menjangkakan seramai 1.3 juta penduduk mengalami masalah katarak dalam tempoh antara lima hingga 10 tahun akan datang.

Ini berdasarkan Kajian Mata Nasional 2 pada 2014 yang mendapati 413,000 penduduk berusia 50 tahun dan ke atas mempunyai masalah penglihatan setiap tahun.

Pengarah Bahagian Perkembangan Perubatan Kementerian Kesihatan Datuk Dr Azman Abu

Bakar berkata, daripada jumlah itu, 113,000 berisiko buta manakala dan 43,000 pesakit lagi berpeluang untuk dirawat.

“Hasil kajian mendapati masalah katarak juga berpunca penyakit diabetes, glaucoma dan masalah kelainan refraktif.

“Beberapa inisiatif dijalankan kementerian dengan turut mewujudkan Klinik Katarak 1Malaysia yang menyediakan akses rawatan dan penjagaan mata terutama penduduk di pedalaman,” katanya.

AKHBAR : MALAY MAIL

MUKA SURAT : 7

RUANGAN : TOP NEWS

Early Deepavali cheer for KL Hospital patients

KUALA LUMPUR — Deepavali is around the corner but for some patients at Kuala Lumpur Hospital, the celebration might have to take a back seat for now as they remain at the medical facility to recuperate. One such person is R. Mahalingam.

The 61-year-old diabetic had two toes amputated on Monday and was donning a respiratory mask following the surgery.

Presently unemployed, Mahalingam was unable to converse and simply pointed to his bandaged left foot when enquired about his well-being.

His wife Thilagavathy Kanayiram said they would not celebrate Deepavali this year.

"We have a small scale celebration every year but my husband's condition worsened

over the past few months as he developed gangrene. We have to forget about Deepavali celebrations," said the 52-year-old civil servant.

The couple have four children, and Thilagavathy expressed concern for their youngest son, Nagalingam, 17, who will be sitting for Sijil Pelajaran Malaysia (SPM).

"He is under much pressure to do well in the examinations, and now this has to happen to his father. We can just pray and hope things will get better," she said.

Thilagavathy said their children and relatives will visit her husband on the festive day to bring some cheer.

"Hopefully, seeing them and being in a cheerful environment can help him recover faster," Thilagavathy added.

Similarly, Manickam Ponniah, 42, will be spending Deepavali in hospital after undergoing liver surgery.

Manickam said it was a family tradition that they visit their relatives and friends during Deepavali but unfortunately this year it would not happen.

Also unemployed, Manickam said he was proud to have his family support, and his wife Pushpavalli Ganesan, a 35-year-old trader, ensuring that their three children will not feel like they are missing out on Deepavali.

Deputy Youth and Sports Minister Datuk M. Saravanan brought some smiles to these less fortunate and handed out Deepavali gift packets.

He was accompanied by KLH director

Datuk Dr Zainah Mohd Zain, Board of Visitors president Shamsul Bahari Abdul Aziz and vice-chairman Datuk Peru Karuppan.

"Last year we gave away hampers but this year we are giving cash to the patients. This will be more beneficial for them as some of the patients can't consume the food items in the hampers due to their restricted diet," said Saravanan.

Two victims of the Darul Quran Ittifaqiah tahfiz school fire, Zunnun Misri Nasrun, 15, and Indra Kurniawan Mohd Amirul, 12, were also among the 120 recipients of gift packets.

The hospital's Board of Visitors has been contributing donations to 17 wards during each festive season to bring cheer to patients.