PERSONAL PARTICULARS

1.	Name :
2.	I.C. No :
3.	University of Graduation :
4.	Period of Posting : From to to
5.	Completed Postings:1 / 2 /3 /4 /5 /6
6.	Duration of Extension (if any) : months / days
7.	Name of Supervisor :
8.	Designation of Supervisor :
9.	Name of Hospital :
	Mobile Number: 11. Email address:

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INTRODUCTION

- 1. This log book is designed to guide both the House Officer and the supervisor in coordinating the activities that are regarded as essential experience during the pre-registration year. It is generally agreed that the training during the undergraduate periods is insufficient for the practice of medicine and thus a graduate need to undergo further training under supervision in a recognized hospital. This is a statutory requirement and a house officer can only be fully registered after completing satisfactorily the housemanship program.
- 2. This log book forms the basis of the summary report (Form 6 of the Medical Act 1971) to be filled by the Hospital Director and submitted to the Malaysian Medical Council.
- 3. All House Officers should undergo an indefinite period of tagging in this unit. During this period, they should observe and assist in any procedures before being allowed to perform it. House Officers will be off tagged once deemed competent and safe to work independently.
- 4. This logbook documents the competency of the house officer during the tenure of the training in the department.

OBJECTIVES OF HOUSEMANSHIP TRAINING

At the end of the training period the House Officer is expected to:

- 1. Understand and apply the underlying concepts of health and disease in the holistic management of patients.
- 2. Equip themselves with adequate skills to perform all related clinical procedures competently.
- 3. Develop a caring, responsible and professional attitude through teamwork for optimal service delivery to the patient and community.
- 4. Specific for Orthopaedics posting, the House Officer is expected to be able manage acute Orthopaedics problems.
- 5. To kindle their interest in Orthopaedics as a possible career path.

GUIDELINES TO THE USE OF THIS LOG BOOK

- 1. This logbook shall be carried by the House Officer at all times to facilitate recording.
- 2. This book shall be assessed by the supervisor regularly (monthly).
- 3. The House Officer is required to submit the log book to supervising Clinical Specialist/Consultant for first assessment (at 1 month) and second assessment (at 3 months) of posting. The House Officer who fails to complete and summit this log book by the end of each posting may be subjected to extension.
- 4. The House Officer is required to get the signature of the supervising officer immediately after each procedure done or at least within 1 week from date of procedure being done.
- 5. The House Officer need to complete satisfactorily 3 CbD and 2 Mini-CEX each for Orthopaedic Surgery respectively
- 6. The House Officer should perform satisfactorily at least once for each of DOPS under observation of supervisor. However, they should at least observe and perform a minimum of 5 of each procedure/DOPS prior to being assessed by supervisor.
- 7. The House Officer should attend at least 85% of the departmental and hospital CME activities
- 8. The Supervisor will fill the summary report including the overall comment before certifying the Certification of Completion of Training (Form A). The overall comments and recommendation of each discipline (Form A) will be completed in duplicate and submitted to the Hospital Director not later than two weeks after each posting.
- 9. At the end of housemanship training periods, the Hospital Director shall complete Form 6 of Medical Act, 1971 and attached the original copies of form A of the relevant discipline to be submitted to the Malaysian Medical Council not later that one month (1) after completion of housemanship training.
- 10. A House Officer who has lost his/her log book shall report to the hospital director for further action.
- 11. The Hospital Director shall compile and keep this logbook for five years.

HOUSE OFFICER CURRICULUM Mandatory Topics (1 topic per week)

TRAUMA	
1	Open Fractures
2	Pelvic Fractures
3	Spine injuries
	- cervical xray interpretation
	- compression fracture, burst fracture, chance fracture
	- ASIA charting
	- Cauda Equina Syndrome and other spine emergencies
	- Management and prognosis
4	Dislocations/ Soft Tissue Injury
5	Pediatric Fracture -epiphyseal injuries and Supracondylar humerus fracture
NON TRAU	
6	Fat Embolism Syndrome
	Pulmonary Embolism
7	Compartment Syndrome
8	Arthritis - osteoarthritis, rheumatoid arthritis, septic arthritis, degenerative spine disease
INFECTION	
9	Diabetic foot ulcer and soft tissue infections (necrotising fasciitis)
10	TB of the spine
11	Osteomyelitis
OTHERS	
12	Brachial Plexus Iniury
13	Long bone fracture classification & principles of management
14	Principles of Fracture management
15	Wound dressing
	Local Anesthesia (finger/ ankle/ wrist block)
16	Orthopaedic examinations including primary survey
	- upper/ lower limbs
	- knee / hip joint
	- spine
	- lumps/ bumps/ ulcers

OFF-TAG

CRITERIA	DATE OF ASSESSMENT		SMENT	SIGNATURE OF SUPERVISOR	
				JOH EKVISOK	
Percentage of logbook achieved during offtag					
Satisfactory clerking, Case presentation					
Basic Clinical Skills					
Knowledge					

DATE REPORTED DUTY:

DATE DEEMED COMPETENT:

Assessment to be done after 7 days of tagging (DONE BY MEDICAL OFFICER / REGISTRAR)

PROCEDURES FOR LOG BOOK

DOPS (Directly Observed Procedural Skills)

- 1. Splinting / immobilization of fractures
- 2. Toilet & Suturing
- 3. CMR and FLPOP
- 4. Ring block
- 5. Debridement of wounds

Compulsory Performed Procedures

- 1. Wound/ pin site dressing/ desloughing
- 2. Application of POP
- 3. Splitting of POP
- 4. Excision biopsy of superficial lumps
- 5. Application of tourniquet
- 6. Joint aspiration

Compulsory Observed/Assisted Procedures

- 1. External fixation of all fractures
- 2. Internal fixation
- 3. K-wiring
- 4. Major amputation of limbs
- 5. Arthrotomy
- 6. Fasciotomy for compartment syndrome

HOUSE OFFICER ASSESSMENT TOOLS

Workplace-based assessment refers to the assessment of working practices based on what doctors actually do in the workplace, and is predominantly carried out in the workplace itself.

Type of Tools

- CbD (Case Base Discussion)
- Mini CEX (Mini Clinical Evaluation Exercise)
- DOPS (Direct Observed Procedural Skills)

- The House Officer is required to submit the log book to supervising Clinical Specialist/Consultant for first assessment (at 1 month) and second assessment (at 3 months) of posting.
- The House Officer who failed to complete and summit this log book by the end of each posting may be subjected to extension.
- Assessment should be done before the end of third month.
- Should the house officer fail the second assessment he or she shall be extended for minimum of two months depending on the level of knowledge, skill and competency. (to follow existing extension guideline).
- The House Officer need to complete satisfactorily 3 CbD and 2 Mini-CEX for Orthopaedic Surgery.
- The House Officer should perform satisfactorily at least once for each of DOPS under observation of supervisor. However, they should at least observe and perform a minimum of 5 of each procedure/DOPS prior to being assessed by supervisor.
- 75% attendance to departmental and hospital CME activity.
- The House Officer is expected to attend and participate in clinical job training/presentation/research during his/her posting in Orthopaedic Surgery in order to increase their own knowledge and interest in Orthopaedic Surgery.
- · Attendance to the hospital and departmental CME is compulsory

HOUSE OFFICER'S CRITERIA FOR EXTENSION

1. Reason

House Officers shall be extended for any of the following reasons:

- 1.1 Competence and Performance
 - Fail end of posting, workplace-based assessments and other Departmental specific assessments
 - Procedural skills competence and performance not achieved as required in Log Book
 - · Poor attitude and disciplinary issues
 - · Any incident causing concern
 - Failure to follow safety procedures / Standard Operating Protocols
- 1.2 Leave taken in excess

2. Duration of Extension

- Can vary from 1 month to 4 months
- The period of extension depends on Hospital HO Training Committee, conforming to existing extension guideline approved by medical Qualifying Board.

Please refer to accompanying Guidelines for Supervisors for procedures of extension.

WORK BASED ASSESSMENTS AND LOG BOOK

Case Based Discussion (Long Case)

CASE	BASED DISCUS	SSION 1 (CbD) FO	OR HOUSE O	FFICERS	
PATIENT'S NAME:	D. 1022 D.1000	IC Number:			Focus of clinical encounter:
RN: WARD:					Documentation Clinical Assessment
DIAGNOSIS:					Management Professionalism
Grade the following areas using the scales	Good	Satisfactory	Poor	Not	
1. History Taking	A	В	С	Applicable	Signature of assessor:
2. Examination					Stamp:
3. Investigation and Referrals					
4. Diagnosis					Date:
5. Management					Signature of candidate:
6. Communication Skills					
7. Documentation					Stamp:
Anything especially good?	Overall Grad	e : Pass/ Fail			
Agreed action :	1				Date:

		SSION 2 (CbD) FC			T
PATIENT'S NAME:		IC Number:			Focus of clinical encounter:
RN:					
WARD:					Documentation
					Clinical Assessment
DIAGNOSIS:					Management
					Professionalism
Grade the following areas using the scales	Good	Satisfactory	Poor	Not	
	A	В	C	Applicable	
1. History Taking					Signature of assessor:
2.5					Stamp:
2. Examination					Stamp.
3. Investigation and Referrals					-
S .					
4. Diagnosis					Date:
5. Management					Signature of candidate:
6. Communication Skills					Signature of candidate.
o. communication skins					
7. Documentation					1
					Stamp:
Anything especially good?	Overall Grad	de : Pass/ Fail			
Agrood action .					
Agreed action :					Date:
					Dutc.

CASE	BASED DISCUS	SION 3 (CbD) FO	OR HOUSE OF	FICERS	
PATIENT'S NAME:		IC Number:			Focus of clinical encounter:
RN:					
WARD:					Documentation
					Clinical Assessment
DIAGNOSIS:					Management
					Professionalism
Grade the following areas using the scales	Good	Satisfactory	Poor	Not	
	Α	В	С	Applicable	
1. History Taking					Signature of assessor:
2. Examination					Stamp:
3. Investigation and Referrals					
4. Diagnosis					Date:
5. Management					Signature of candidate:
6. Communication Skills					
7. Documentation					Stamp:
Anything especially good?	Overall Grade	e: Pass/ Fail			
Agreed action :	1				Date:

Mini Clinical Evaluation Exercise (Short Case)

MINI CASE E	VALUATION	EXERCISE 1 (MI	NI CEX) FO	R HOUSE OFF	ICERS
PATIENT'S NAME:	Focus of clinical encounter:				
RN:					
WARD:					History
					Diagnosis
DIAGNOSIS:					Management
	T .				Explanation
Grade the following areas using the scales	Good	Satisfactory	Poor	Remarks	
	A	В	С		
1. History Taking					Signature of assessor:
2. Examination					Stama
2. Examination					Stamp:
3. Investigation and Referrals					
5. Investigation and Neterrals					Date:
4. Diagnosis					
5. Management					
-					Signature of candidate:
6. Communication Skills					
					Stamp:
7. Documentation					
Anything especially good?	Suggestion	for developmen	it:		
					Date:
Agreed action :					Dute.
Agreed decion.					

MINI CASE EV	VALUATION	EXERCISE 2 (MI	NI CEX) FOR	R HOUSE OFFI	CERS
PATIENT'S NAME:	Focus of clinical encounter:				
RN:					
WARD:					History
					Diagnosis
DIAGNOSIS:					Management
Considerable of the control of the c	Explanation				
Grade the following areas using the scales	Good A	Satisfactory B	Poor C	Remarks	
1. History Taking	A	В			Signature of assessor:
2. Examination					Stamp:
3. Investigation and Referrals					Date:
4. Diagnosis					
5. Management					Signature of candidate:
6. Communication Skills					Stamp:
7. Documentation					
Anything especially good?					
					Date:
Agreed action :					

MINI CASE E	VALUATION	EXERCISE 3 (MI	NI CEX) FOR	R HOUSE OFFI	CERS
PATIENT'S NAME:	Focus of clinical encounter:				
RN:					
WARD:					History
					Diagnosis
DIAGNOSIS:					Management
	Explanation				
Grade the following areas using the scales	Good	Satisfactory	Poor	Remarks	
1. History Taking	A	В	С		Signature of assessor:
2. Examination					Stamp:
3. Investigation and Referrals					Date:
4. Diagnosis					
5. Management					
6. Communication Skills					Signature of candidate:
6. Communication Skills					Stamp:
7. Documentation					
Anything especially good?	Suggestion	for developme	nt :	•	
					Date:
Agreed action :					

Direct Observed Procedural Skills (DOPS)

Direct Observed Procedural Skills (DOPS)

- 1. Splinting / immobilization of fractures
- 2. Toilet & Suturing
- 3. CMR and cast / slab application
- 4. Ring / wrist / ankle blocks
- 5. Debridement of wounds

Note:

- The House Officers needs to pass the DOPS of each procedure only once.
- However, they should at least observe and perform at least 5 DOPS prior to being assessed by supervisor.
- The additional forms are for those who need to repeat the procedure if they fail.
- The House Officers need to perform all 5 DOPS (100%) to pass the posting.
- Failure to do so will result in extension.
- All 5 DOPS must be completed by the 3rd month of the posting.

^{*}Shall be assessed by Specialist/ Senior Medical Officer

Spl	Splinting / immobilization of fractures								
No	Date	R/N	Diagnosis	Grade			Comments /	Name & Signature of Supervisor	
				Α	В	С	Involvement	Supervisor	

Date	R/N	Diagnosis	Gr	ade		Comments /	Name & Signature of
			Α	В	С	Involvement	Name & Signature of Supervisor

No Date R/N Diagnosis Grade Comments / Involvement A B C Involvement Involvement	Name & Signature of Supervisor

No	Date	R/N	Diagnosis	Gr	rade		ade		ade		3rade		Grade		rade		rade		rade		3rade		rade		Grade		Comments /	Name & Signature of
				Α	В	С	Involvement	Supervisor																				

Del	oridemer	nt of wo	ounds					
No	Date	R/N	Diagnosis	Gra	ade		Comments /	Name & Signature of
				Α	В	С	Involvement	Supervisor

	immbilisatio	on as the i	1.Splinting and Immobent is to ensure that the hou nitial management of the frame of the fram	se officer is able to id acture.	entify a s	•	Score	Date
Patient	Confirms	s that patie	ents has been adequately st	abilized and assess t	he need f	for immobilisation		
	Procedu	re explain	ed to the patient if still conso	cious or relative (if un	conscious	s)		
Monitoring	Assess	and identif	ies any deficits in the neuro	vascular status of the	affected	limbs		
Procedure	Identify of	correctly th	ne laterality and site of fractu	ire				
	Outline r	nethods o	f immobilization in a fracture	ed limb				
	Ensures	Ensures any wound over affected limb is well protected and dressed appropriately						
	Reduction of any gross deformities and regain appropriate alignment (under sedation where indicated)							
	Outline the required thickness / layers of POP according to site of fracture and patient's size							
	Applies splint with appropriate padding with attention to pressure sites							
	Ensures	correct size	ze and length of splint / slab					
	Proper h	andling of	POP (including soaking an	d application)				
	Ensures	bandagin	g from distal to proximal par	t of limb				
	Ensures	proper mo	ouldino of the slab					
	Observe	s that slab	has adequately harden for	proper immobilisation	า			
SCORE								
Overall perform	nance		Fail (0-7)			Pass (8-14)		1
	SIGNATURE:					TURE:		
REMARKS AND FEEDBACK)				ASSES DATE:	SOR STAMP:		

			1.Splinting and Immobile ent is to ensure that the house nitial management of the fractions.	e officer is able to ide	s entify a su	spected fracture and	Score	Date		
Patient			or immobilisation							
	Procedu	re explain	ed to the patient if still consci	ous or relative (if und	conscious)				
Monitoring	Assess a	and identif	ies any deficits in the neurova	ascular status of the	affected I	imbs				
Procedure	Identify of	correctly th	e laterality and site of fracture	<u> </u>						
	Outline n	Outline methods of immobilization in a fractured limb								
	Ensures	Ensures any wound over affected limb is well protected and dressed appropriately								
	Reductio	Reduction of any gross deformities and regain appropriate alignment (under sedation where indicated)								
	Outline the required thickness / layers of POP according to site of fracture and patient's size									
	Applies s	splint with	appropriate padding with atte	ention to pressure site	es					
	Ensures	correct siz	ze and length of splint / slab							
	Proper h	andling of	POP (including soaking and	application)						
	Ensures	bandaging	g from distal to proximal part	of limb						
		<u> </u>	ouldino of the slab							
	Observe	s that slab	has adequately harden for p	roper immobilisation	<u> </u>					
SCORE										
Overall perform	ance		Pass (8-14)	'						
	SIGNATURE:									
REMARKS AND										
FEEDBACK		ASSESSOR STAMP:								
_		DATE:								

	nmbilisatio	on as the i	1.Splinting and Immobil ent is to ensure that the house nitial management of the fraction.	e officer is able to ide cture.	entify a su	·	Score	Date
Patient	Confirms that patients has been adequately stabilized and assess the need for immobilisation							
		Procedure explained to the patient if still conscious or relative (if unconscious)						
Monitoring	Assess a	and identif	ies any deficits in the neurova	ascular status of the	affected	limbs		
Procedure	Identify of	dentify correctly the laterality and site of fracture						
	Outline n	Outline methods of immobilization in a fractured limb						
	Ensures any wound over affected limb is well protected and dressed appropriately							
	Reductio	Reduction of any gross deformities and regain appropriate alignment (under sedation where indicated)						
	Outline the required thickness / layers of POP according to site of fracture and patient's size							
	Applies s	Applies splint with appropriate padding with attention to pressure sites						
	Ensures	correct siz	ze and length of splint / slab					
	Proper h	andling of	POP (including soaking and	application)				
		_	g from distal to proximal part	of limb				
	Ensures	proper mo	ouldino of the slab					
	Observe	s that slab	has adequately harden for p	roper immobilisation	1			
SCORE								
Overall perform	ance		Fail (0-7)			Pass (8-14)		
		SIGNATURE:				URE:		
REMARKS AND FEEDBACK	ASSESSOR STAMP: DATE:							

	se of this as		2. Toilet & is to ensure that the house	Suturing e officer is able to pe	rform toile	eting and suturing in the	Score	Date
Patient	Confirms	s that pati	d for T&S					
	Procedu appropri		ous) and consent taken as					
Monitoring	Ensures	no involv	vement of deeper structures	s and haemostasis s	ecured			
Procedure			wound and .appropriatenes	ss for T&S				
	Able to	outline dif						
		availabili						
	Prepare							
	Gives adequate local anesthetic at the appropriate dose							
	Clean a	nd drape	using the right technique					
	Identifica	ation and	debridement of unhealthy t	tissues				
	Proper s	uturing te	echnique with minimally trau	umatic tissue handlin	ng			
	Proper of	lressing o	f sutured wound					
			f sharps and instrument cle	eansing post procedu	ıre			
			care and appropriate sutur					
SCORE								
Overall perfor	mance		Pass (8-14)		1			
	SIGNATURE:							
REMARKS AN FEEDBACK	D				ASSES DATE:	SOR STAMP:		

	se of this ass		2. Toilet & s is to ensure that the house		rform toile	eting	and suturing in the	Score	Date
Patient	Confirms	s that pati	T&S						
	Procedu appropri		and consent taken as						
Monitoring	Ensures	no involv	ement of deeper structures	and haemostasis s	ecured				
Procedure	Assess	status of	wound and .appropriateness	s for T&S					
		outline dif							
		availabili							
	Prepare	Prepare the sedation and LA considering toxic dose and reversal							
	Gives adequate local anesthetic at the appropriate dose								
	Clean and drape using the right technique								
	Identifica	ation and	debridement of unhealthy ti	ssues					
	Proper s	uturing te	echnique with minimally trau	matic tissue handlin	ng				
	Proper o	dressing o	f sutured wound						
	Proper o	disposal o	f sharps and instrument clea	ansing post procedu	ıre				
			care and appropriate suture						
SCORE									
Overall perfor	mance Fail (0-7) Pass (8-14)								1
	SIGNATURE:						≣:		
REMARKS AN FEEDBACK	D				ASSES DATE:	SOF	R STAMP:		

	se of this ass		2. Toilet & s is to ensure that the house		rform toile	eting and sutu	uring in the	Score	Date
Patient	Confirms	s that pati							
	Procedu appropri		sent taken as						
Monitoring	Ensures	no involv	ement of deeper structures	and haemostasis s	ecured				
Procedure	Assess	status of	wound and .appropriateness	s for T&S					
	Able to	outline dif							
		availabili							
	Prepare	Prepare the sedation and LA considering toxic dose and reversal							
	Gives adequate local anesthetic at the appropriate dose								
	Clean and drape using the right technique								
	Identifica	ation and	debridement of unhealthy ti	ssues					
	Proper s	uturing te	echnique with minimally trau	matic tissue handlin	ıg				
	Proper o	dressing o	f sutured wound						
	Proper o	disposal o	f sharps and instrument clea	ansing post procedu	ıre				
			care and appropriate suture						
SCORE									
Overall perfor	mance Fail (0-7) Pass (8-14)								1
	SIGNATURE:								
REMARKS AN FEEDBACK	D				ASSES DATE:	SOR STAMP	:		

			3. CMR AND APPLICA	TION OF POP				
	rpose of this s to the patie		ent is to ensure that the house offi	cer is able to pe	rform a C	MR without causing much	Score	Date
Patient	Confirms		ents has been adequately stabilize	ed and assess th	ne need f	or CMR and FLPOP as		
	Procedu appropri		ed to the patient if still conscious	or relative (if und	conscious	e) and consent taken as		
Monitoring	Checks	continuou	s cardiac monitoring/BP/SpO2 is o	on				
	Secures	an IV acc	ess if not already done					
Procedure	Identify correctly the fractured limb							
	Outline t	Outline the methods of sedation with regards to methods of reversal						
	Deliver a	Deliver appropriate dose of sedation						
	Apply traction and counter traction							
	Perform	closed m	anual reduction to regain anatomi	cal alignment				
	Applies	plaster of	paris with appropriate padding an	d thickness				
	Ensure of	correct len	gth of cast					
	Monitorii	ng of patie	ent's vital signs throughout sedation	n				
	Able to d	outline and	anticipate the complications					
	Orders o	heck xray	to review the reduction					
SCORE	•							
Overall perfor	mance		Fail (0-7)			Pass (8-14)	-1	
					SIGNA	ΓURE:		
REMARKS AN FEEDBACK	D				ASSES DATE:	SOR STAMP:		

			3. CMR AND APPLIC	ATION OF POP				
			ent is to ensure that the house of	officer is able to pe	rform a C	CMR without causing much	Score	Date
Patient	s to the patie		ents has been adequately stabili	zed and assess th	ne need f	or CMR and FLPOP as		
	indicated	b						
	Procedu appropri		ed to the patient if still conscious	s or relative (if und	conscious	s) and consent taken as		
Monitoring	Checks	continuou	s cardiac monitoring/BP/SpO2 is	s on				
	Secures	an IV acc	ess if not already done					
Procedure	Identify	Identify correctly the fractured limb						
	Outline t	Outline the methods of sedation with regards to methods of reversal						
	Deliver a	Deliver appropriate dose of sedation						
	Apply tra	Apply traction and counter traction						
	Perform	closed ma	anual reduction to regain anator	mical alignment				
	Applies	plaster of	paris with appropriate padding a	and thickness				
	Ensure of	correct len	gth of cast					
	Monitorii	ng of patie	nt's vital signs throughout sedat	tion				
	Able to d	outline and	anticipate the complications					
	Orders o	heck xray	to review the reduction					
SCORE	·							
Overall perfor	mance		Fail (0-7)			Pass (8-14)		1
					SIGNA	ΓURE:		
REMARKS AN	n							
FEEDBACK	D				ASSES DATE:	SOR STAMP:		

	rpose of this s to the patie		ATION OF POP ficer is able to perform a CMR without causing much	Score	Date			
Patient	Confirms		ed and assess the need for CMR and FLPOP as					
	Procedu		or relative (if unconscious) and consent taken as					
Monitoring	Checks	continuous cardiac monitoring/BP/SpO2 is	on					
	Secures	an IV access if not already done						
Procedure	Identify of	correctly the fractured limb						
	Outline t	he methods of sedation with regards to me	ethods of reversal					
	Deliver a	Deliver appropriate dose of sedation						
	Apply tra							
	Perform closed manual reduction to regain anatomical alignment							
	Applies	plaster of paris with appropriate padding ar	nd thickness					
	Ensure of	correct length of cast						
	Monitorir	ng of patient's vital signs throughout sedation	on					
	Able to c	utline and anticipate the complications						
	Orders c	heck xray to review the reduction						
SCORE	•							
Overall perfor	mance	Fail (0-7)	Pass (8-14)					
	SIGNATURE:							
REMARKS ANI FEEDBACK	D		ASSESSOR STAMP: DATE:					

	pose of this		4. Ring / writent is to ensure that the h	ist / ankle blocks nouse officer is able to giv	e adequa	te local anaesthesia for	Score	Date
Patient	Confirm	s that patie	ents is a suitable candida	ate for local anaesthesia				
	Procedu appropri		ed to the patient if still co	onscious or relative (if und	conscious) and consent taken as		
Monitoring	nitoring Monitor adequacy of block throughout procedure							
	Monitor for signs and symptoms of toxicity							
Procedure	Identify	correctly s	ite of block					
	Prepara	tion of ana	esthetic agents					
	Able to 6	explain the	anatomical basis of the	block				
	Understands complications and shortcomes of block							
		the asept						
			needle is not in the bloc					
			e dose of local anaesthe					
	Allows a	ppropriate	time for the anaesthetic	agent to take effect				
	Does pro	oper sens	ory testing to assess effe	ectiveness of block				
	Demons	trate prop	er handling of sharps					
SCORE								
Overall perfor	mance		Fail (0-7)			Pass (8-14)		
-					SIGNAT	URE:		
REMARKS AN FEEDBACK	D				ASSESS DATE:	SOR STAMP:		

	pose of this		4. Ring / wrist ent is to ensure that the ho	t / ankle blocks use officer is able to giv	e adequ	ate local anaesthesia for	Score	Date
Patient	Confirm	s that pati	ents is a suitable candidate	e for local anaesthesia				
	Procedu appropr		ed to the patient if still con	scious or relative (if und	conscious	s) and consent taken as		
Monitoring	Monitor	adequacy	of block throughout proceed	dure				
	Monitor	for signs a	and symptoms of toxicity					
Procedure	Identify	correctly s	ite of block					
	Prepara	tion of ana	esthetic agents					
	Able to	explain the	e anatomical basis of the b	lock				
	Underst	ands com	plications and shortcomes	of block				
		the asept						
	- 1		needle is not in the blood					
		·· ·	e dose of local anaesthesia					
	Allows a	appropriate	time for the anaesthetic a	gent to take effect				
	Does pr	oper sens	ory testing to assess effect	tiveness of block				
	Demons	strate prop	er handling of sharps					
SCORE								
Overall perfor	mance		Fail (0-7)			Pass (8-14)		
					SIGNA	TURE:		
REMARKS AN FEEDBACK	D				ASSES DATE:	SOR STAMP:		

	pose of this		4. Ring / wrist / ent is to ensure that the house	ankle blocks se officer is able to give	e adequa	ate local anaesthesia for	Score	Date
Patient	Confirms	s that pation	ents is a suitable candidate	for local anaesthesia				
	Procedu appropri		ed to the patient if still cons	cious or relative (if und	conscious	s) and consent taken as		
Monitoring	Monitor	adequacy	of block throughout procedu	ure				
	Monitor	for signs a	and symptoms of toxicity					
Procedure	Identify (correctly s	ite of block					
	Prepara	tion of ana	esthetic agents					
	Able to 6	explain the	anatomical basis of the blo	ock				
	Understa	ands com	olications and shortcomes o	f block				
		the asept						
			needle is not in the blood v	ressel				
			e dose of local anaesthesia					
		<u> </u>	time for the anaesthetic ag	<u>'</u>				
	Does pro	oper sens	ory testing to assess effective	eness of block				
	Demons	trate prop	er handling of sharps					
SCORE								
Overall perfor	mance		Fail (0-7)			Pass (8-14)		
					SIGNA	ΓURE:		
REMARKS AN FEEDBACK	D				ASSES DATE:	SOR STAMP:		

			5. Debridemen	t of wounds			0	Data
The purpos	e of this ass	sessment	is to ensure that the house of	fficer is able to perfo	rm adeqı	uate wound debridement	Score	Date
Patient	Confirms	s that pati	ents has been adequately sta	abilized and identify	correct s	site of debridement		
	Procedu appropri		led to the patient if still consc	ious or relative (if ur	nconscio	us) and consent taken as		
Monitoring	Assess	status of v	ound and appropriateness fo	or wound debrideme	nt			
	Ensures	adequac	of wound debridement					
Procedure	Able to d	outline diff	erent methods of wound care					
	Ensures	availabili	y and sterility of instruments	and sutures				
	Prepare	the sedat	ion and LA considering toxic	dose and reversal w	here app	ropriate		
	Gives ac	dequate lo	cal anesthetic at the appropri	ate dose				
	Clean ar	nd drape ι	ising the right technique					
	Identifica	ation and	debridement of unhealthy tiss	ues				
	Proper n	nethod of	maintaining haemostasis and	bleeding control				
	Proper of	ressing o	fwound					
	Proper o	disposal of	sharps and instrument clean	sing post procedure	!			
	Able to 6	elaborate	dressing methods and materia	als				
SCORE								
Overall perfor	mance		Fail (0-7)			Pass (8-14)		
					SIGNA	TURE:		
REMARKS AN FEEDBACK	REMARKS AND FEEDBACK ASSESSOR STAMP: DATE:							

The purpos	e of this ass	essment	5. Debridement of is to ensure that the house office		rm adeq	uate wound debridement	Score	Date
Patient	Confirms	s that pation	ents has been adequately stab	ilized and identify	correct s	site of debridement		
	Procedu appropri		ed to the patient if still conscio	us or relative (if ur	nconscio	us) and consent taken as		
Monitoring	Assess	status of v	vound and appropriateness for	wound debrideme	nt			
	Ensures	adequacy	of wound debridement					
Procedure	Able to o	outline diff	erent methods of wound care					
	Ensures	availabilit	y and sterility of instruments an	d sutures				
	Prepare	the sedat	ion and LA considering toxic do	se and reversal w	here app	ropriate		
	Gives ac	dequate lo	cal anesthetic at the appropriat	e dose				
	Clean ar	nd drape ι	ising the right technique					
	Identifica	ation and	debridement of unhealthy tissue	es				
	Proper n	nethod of	maintaining haemostasis and b	leeding control				
	Proper d	Iressing o	f wound					
	Proper d	lisposal of	sharps and instrument cleansi	ng post procedure				
1	Able to e	elaborate	dressing methods and materials	3				
SCORE								
Overall perfor	mance		Fail (0-7)			Pass (8-14)	'	
					SIGNA	TURE:		
REMARKS AN FEEDBACK	D				ASSES DATE:	SOR STAMP:		

The purpos	e of this ass	sessment	5. Debridemer is to ensure that the house of		rm adeqı	uate wound debridement	Score	Date
Patient	Confirms	s that pation	ents has been adequately st	abilized and identify	correct s	ite of debridement		
	Procedu appropri		ed to the patient if still conso	cious or relative (if ur	nconscio	us) and consent taken as		
Monitoring	Assess	status of v	vound and appropriateness for	or wound debrideme	nt			
	Ensures	adequacy	of wound debridement					
Procedure	Able to d	outline diff	erent methods of wound care	Э				
	Ensures	availabilit	y and sterility of instruments	and sutures				
	Prepare	the sedat	ion and LA considering toxic	dose and reversal w	here app	ropriate		
	Gives ac	dequate lo	cal anesthetic at the appropr	riate dose				
	Clean and drape using the right technique							
	Identifica	ation and	debridement of unhealthy tiss	sues				
	Proper n	nethod of	maintaining haemostasis and	d bleeding control				
	Proper o	dressing o	f wound					
	Proper o	disposal of	sharps and instrument clear	nsing post procedure				
	Able to 6	elaborate (dressing methods and mater	ials				
SCORE								
Overall perfor	mance		Fail (0-7)			Pass (8-14)	'	
-					SIGNA	TURE:		
REMARKS AN FEEDBACK	REMARKS AND SEEDBACK ASSESSOR STAMP: DATE:							

1. W	I. Wound / pin site dressing / desloughing								
No	Date	R/N	Diagnosis	Gra	Grade		Comments /	Name & Signature of	
				Α	В	С	Involvement	Supervisor	
								·	
				+					
				\vdash					

2. A	2. Application of POP								
No	Date	R/N	Diagnosis	Gra	ade		Comments /	Name & Signature of	
	- 3.03		1 - 10 g. 10 - 10	Α	В	С	Involvement	Supervisor	
				-					

3. S	3. Splitting of POP								
No	Date	R/N	Diagnosis	Gra	ade		Comments /	Name & Signature of	
				Α	В	С	Involvement	Name & Signature of Supervisor	

4. E	. Excision biopsy of superficial lumps								
No	Date	R/N	Diagnosis	Grade			Comments /	Name & Signature of	
140	Date	1014	Diagnosis	A	В	С	Involvement	Supervisor	
				1.	-	-	involvenion.	Cuporvicor	
			<u> </u>	1					

5. /	. Application of tourniquet								
No	Date	R/N	Diagnosis	Gra	ade		Comments /	Name & Signature of	
140	Date	1011	Diagnosis	A	В	С	Involvement	Supervisor	
				1	 	<u> </u>	in voivoinione	Caporvicor	
					t				

No	Date	R/N	Diagnosis	Gr	ade		Comments / Involvement	Name & Signature o
10	Date	1011	2 lagricolo	Α	В	С	Involvement	Name & Signature of Supervisor
	-							

No	Date	R/N	Diagnosis	Grade			Comments /	Name & Signature of
10	Date		Biagnoois	Α	В	С	Involvement	Name & Signature of Supervisor

Inte	Internal fixation						
No	Date	R/N	Diagnosis	Comments / Involvement	Name & Signature of Supervisor		

K-wiring							
No	Date	R/N	Diagnosis	Comments / Involvement	Name & Signature of Supervisor		

Major amputation of limbs							
No	Date	R/N	Diagnosis	Comments / Involvement	Name & Signature of Supervisor		

Arth	Arthrotomy							
No	Date	R/N	Diagnosis	Comments / Involvement	Name & Signature of Supervisor			

Fasciotomy for compartment syndrome							
No	Date	R/N	Diagnosis	Comments / Involvement	Name & Signature of Supervisor		

CONTINUING PROFESSIONAL DEVELOPMENT

CONTINUING PROFESSIONAL DEVELOPMENT

Presentation

No.	Date	Time	Topics	Comments	Name & Signature Of Supervisor
1.					
2					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

CONTINUING PROFESSIONAL DEVELOPMENT

NO	TOPICS	DATE	NAME & SIGNATURE OF SUPERVISOR
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Attendance

- House Officer needs to acquire 75% signature for all 16 topics

No	Topics	Date	Presented/ Attended	Name & Signature of Supervisor
1	Open fractures			
2	Pelvic fractures			
3	Spine injuries			
4	Dislocations & Soft tissue injuries			
5	Pediatric Fractures - epiphyseal injuries and Supracondylar humerus fracture			
6	Fat Embolism Syndrome Pulmonary embolism			
7	Compartment Syndrome			
8	Arthritis - osteoarthritis, rheumatoid arthritis, septic arthritis, degenerative spine disease			

9	Diabetic foot ulcer and soft tissue infections (necrotizing fasciitis)		
10	TB Spine		
11	Osteomyelitis		
12	Brachial Plexus Injury		
13	Fracture Classification		
14	Principles of Fracture Management		
15	Wound dressing Local Anesthesia (finger/ ankle/ wrist block)		
16	Orthopaedic examinations including primary survey - upper/ lower limbs - knee / hip joint - spine - lumps/ bumps/ ulcers		

PERFORMANCE APPRAISAL

SUMMARY OF WORK BASED ASSESSMENTS PERFORMED

NO	WORK BASED ASSESSMENTS	DATE		GRA	ADE	
	CASE BASED DISCUSSION		Good	Satisfactory	Poor	Not Applicable
	CASE BASED DISCUSSION		А	В	С	7 (\$50.000.00
1.						
2.						
3.						
	MINI CLINICAL EXERCISE					
1.						
2.						
3.						

SUMMARY OF PROCEDURES PERFORMED

No	Procedures	Α	В	С					
	DOPS								
1.	Spilnting / immobilization of fractures								
2.	Toilet & Suturing								
3.	CMR and FLPOP								
4.	Ring Block								
5.	Debridement of wounds								
	Compulsory Performed Procedures								
1.	Wounds/ pin site dressing/ desloughing								
2.	Application of POP								
3.	Splitting of POP								
4.	Excision biopsy of superficial lumps								
5.	Application of tourniquet								
6.	Joint aspiration								
	Compulsory Observed	d/Assisted Procedu	res						
1.	External fixation of all fractures								
2.	Internal fixation								
3.	K-wiring								
4.	Major amputation of limbs								
5.	Arthrotomy								
6.	Fasciotomy for compartment syndrome								

COMMENT:			
Signature of Supervisor	:		
Name	:		
Designation	:		
Official Cop	:		
Date	:		

Assessment of Attitude and Communication Skills

	Accepting responsibility for welfare of patient Comment:
_	
_	
_	
_	
_	Decemining professional canabilities and limitations
	Recognizing professional capabilities and limitations Comment:
(Johnnent.
-	
-	
-	
-	
F	Relating to other medical personnel
	Comment:
•	
-	

4.	Accepting general responsibilities to profession and community Comment:					
5.	Communication skills (In	cludes communication with nations, relatives, colleggues and staff)				
Ο.	Communication skills (Includes communication with patient, relatives, colleagues and staff) Comment:					
	Signature of Supervisor	:				
	Name	:				
	Designation	:				
	Official Cop	:				
	Date	:				

END OF POSTING ASSESSMENT

 1. Log Book completion 100% DOPS 75% Compulsory & Observed procedures 	PASS/ FAIL
2. Presentation of CME (marks obtained)	
3. Compulsory department CME (minimum 75%)	
4. End of posting assessment	
OVERALL GRADE:	

Grade A: 85% CME attendance & presentation, Excellent attitude, 80% in end of posting assessment Grade B: 80% CME attendance & presentation, Good attitude, 70% in end of posting assessment Grade C: 75% CME attendance & presentation, Fair attitude, 60% in end of posting assessment

END OF POSTING ASSESSMENT (Extension)

OVERALL GRADE: PASS/FAIL

CERTIFICATION OF COMPLETION OF TRAINING

This is to certify that Dr	has satisfactorily
completed training in Orthopaedic Surgery	as a House Officer in Hospital
from to (includ	ing extension of housemanship period, where applicable).
During that period, he/she was engage	d in employment in a resident Orthopaedic Surgery post
as required under Section 1	3(2) of Medical Act, 1971 to my satisfaction.
Signature of Supervisor	:
Name	:
Designation	:
Official Stamp	:
Date	:

CERTIFICATION OF COMPLETION OF TRAINING

This is to certify that Dr	has satisfactorily
completed training in Orthopaedic Surgery	as a House Officer in Hospital
from to (include	ling extension of housemanship period, where applicable).
During that period, he/she was engage	d in employment in a resident Orthopaedic Surgery post
as required under Section 1	3(2) of Medical Act, 1971 to my satisfaction.
Signature of Supervisor	:
Name	:
Designation	:
Official Stamp	:
Date	:

ASSESSMENT 1 - CONFIDENTIAL - TO BE SUMMITTED DIRECTLY BY SUPERVISOR TO HEAD OF DEPARTMENT

NAME:	IC NO:			
DATE OF START OF POSTING				
Attitude and/or Behavior	No concern	You have some concern	You have major concern	COMMENT: Anything especially good? Or any concerns? Please comment on behavior over time - not just a single incident
Maintaining trust/professional relationship with patients • Listens • Is polite and caring • Shows respect for patients' opinions, privacy, dignity, and is unprejudiced				
Verbal communication skills • Gives understandable information • Speaks clearly, at the appropriate level for the patient				
Team-working/ working with colleagues Respects others' roles, and works constructively in the team Hands over effectively, and communicates well Is unprejudiced, supportive and fair				
Accessibility • Accessible • Takes proper responsibility • Does not shirk duty • Response when called • Arranges cover for absence				
Please use the comment boxes to comment good be causing you concern. Give specific examples. This for supervisor who may require additional information. Feet there are any concerns. The House Officer will receive person.	department/HQ as necessary if	Signature of Assessor: Date: Stamp:		

ASSESSMENT 2 - CONFIDENTIAL - TO BE SUMMITTED DIRECTLY BY SUPERVISOR TO HEAD OF DEPARTMENT

DATE OF START OF POSTING			IC NO:	
Attitude and/or Behavior	No concern	You have some concern	You have major concern	COMMENT : Anything especially good? Or any concerns? Please comment on behavior over time - not just a single incident
Maintaining trust/professional relationship with patients • Listens • Is polite and caring • Shows respect for patients' opinions, privacy, dignity, and is unprejudiced				
Verbal communication skills • Gives understandable information • Speaks clearly, at the appropriate level for the patient				
Team-working/ working with colleagues • Respects others' roles, and works constructively in the team • Hands over effectively, and communicates well • Is unprejudiced, supportive and fair				
Accessibility • Accessible • Takes proper responsibility • Does not shirk duty • Response when called • Arranges cover for absence				
Please use the comment boxes to comment good be causing you concern. Give specific examples. This for supervisor who may require additional information. Feed there are any concerns. The House Officer will receive person.	Signature of Assessor: Date: Stamp:			

ASSESSMENT 3 - CONFIDENTIAL - TO BE SUMMITTED DIRECTLY BY SUPERVISOR TO HEAD OF DEPARTMENT

NAME:		IC NO:			
DATE OF START OF POSTING	Э:				
Attitude and/or Behavior	No concern	You have some concern	You have major concern	COMMENT: Anything especially good? Or any concerns? Please comment on behavior over time - not just a single incident	
Maintaining trust/professional relationship with patients • Listens • Is polite and caring • Shows respect for patients' opinions, privacy, dignity, and is unprejudiced					
Verbal communication skills • Gives understandable information • Speaks clearly, at the appropriate level for the patient					
Team-working/ working with colleagues Respects others' roles, and works constructively in the team Hands over effectively, and communicates well Is unprejudiced, supportive and fair					
Accessibility • Accessible • Takes proper responsibility • Does not shirk duty • Response when called • Arranges cover for absence					
Please use the comment boxes to comment good be causing you concern. Give specific examples. This for supervisor who may require additional information. Feet there are any concerns. The House Officer will receive person	Signature of Assessor: Date: Stamp:				

ASSESSMENT 4 - CONFIDENTIAL - TO BE SUMMITTED DIRECTLY BY SUPERVISOR TO HEAD OF DEPARTMENT

NAME:			IC NO:	
DATE OF START OF POSTING	G:			
Attitude and/or Behavior	No concern	You have some concern	You have major concern	COMMENT: Anything especially good? Or any concerns? Please comment on behavior over time - not just a single incident
Maintaining trust/professional relationship with patients • Listens • Is polite and caring • Shows respect for patients' opinions, privacy, dignity, and is unprejudiced				
Verbal communication skills • Gives understandable information • Speaks clearly, at the appropriate level for the patient				
Team-working/ working with colleagues • Respects others' roles, and works constructively in the team • Hands over effectively, and communicates well • Is unprejudiced, supportive and fair				
Accessibility • Accessible • Takes proper responsibility • Does not shirk duty • Response when called • Arranges cover for absence				
Please use the comment boxes to comment good be causing you concern. Give specific examples. This for supervisor who may require additional information. Feed there are any concerns. The House Officer will receive person.	Signature of Assessor: Date: Stamp:			

COMPONENT & WEIGHTAGE FOR CERTIFICATE COMPLETION OF POSTING (ORTHOPAEDIC)

COMPONENTS	PERCENTAGE (%)	ACTUAL MARK OBTAINED
1. Attendance	15	
2. LNPT	15	
Continuous Assessment and Log Book (35) CBD Mini-CEX OOPS Compulsory Performed/Assisted/Observed Procedure Professionalism & Integrity (Multisource Feedback/MSF) (5) Soft Skills and Attitude Team work Accessibility Communication	40	
4. CME Attendance	5	
 End of Posting Assessment Department Specific: MCQ/OSCE/VIVA 	25	
TOTAL	100	

CERTIFICATE COMPLETION OF POSTING (CCP)

DEPARTMENT:

Name		:			
IC Number		:			
Hospital		:			
Posting/Disc	cipline	:			
Duration of	posting	: Start (date)	:		
		End (date)	:		
		Extension (i	f applicable):		
Category	:				
Percentage	:				
Grade	:				
Supervisor	:			Head of Department	:
Signature	:			Signature	:
Name	:			Name	:
Stamp	:			Stamp	:
Date				Date	

NOTE: GRADING OF CCP

CATEGORY	PERCENTAGE (%)	GRADE
EXCELLENT	≥ 90%	4
GOOD	85 % - 89.9%	3
SATISFACTORY	75 % - 84.9%	2
PASS	60 % - 74.9%	1

DUPLICATE COPY

CERTIFICATE COMPLETION OF POSTING (CCP)

DEPARTMENT:

Name	:				
IC Number	:				
Hospital	:				
Posting/Disc	ipline :				
Duration of	posting :	Start (date)	:		
		End (date)	:		
		Extension (i	applicable):		
Category	:				
Percentage	:				
Grade	:				
Supervisor	:			Head of Department	:
Signature	:			Signature	:
Name	:			Name	:
Stamp	:			Stamp	:
Date				Date	

NOTE: GRADING OF CCP

CATEGORY	PERCENTAGE (%)	GRADE
EXCELLENT	≥ 90%	4
GOOD	85 % - 89.9%	3
SATISFACTORY	75 % - 84.9%	2
PASS	60 % - 74.9%	1